

GETTING BEYOND GOALS

SETTING CLEAR GOALS, AIDS ACHIEVEMENT. HOW DO YOU GET TO THE NEXT STAGE?

- Who for?:** Anyone who recognises that being successful is more than just setting, or even achieving goals..
- Purpose:** Many people think that happiness or success is linked to an external event. 'When I have lots of money, I will be happy!' Why wait? Why not achieve that desired state now? In fact why not use that state to help you be more successful? This programme will help you to achieve what you want, beyond your current goals..
- Outcomes:** You will learn the fundamentals that will help you:
- Understand the limitations of purely setting and working towards goals
 - Understand the concept of 'State'
 - Recognise the strengths and the state that have helped you achieve success in the past
 - Learn how to achieve a successful state whenever you need it
 - Understand how to capture those strengths/states and apply them more often
 - Understand and put into practice the concept of 'The goal is the State!'
 - Achieve more success, almost without trying!

This programme will help you to be more energised, confident and flexible in your approach to work and life.